

Starting January 1, 2007, Work Capacity Fitness Tests (WCFT) may only be conducted at approved locations. Attached is a list of the approved locations (based upon proposals submitted by all contractors and inspected by Government). We evaluated all sites submitted, and the following items were taken into consideration for final approval:

Safety - Does the area look like a safe location; consider traffic, hazards on the trail, etc.?

Visibility - Can the participants be seen by monitors while testing? How many monitors will the Contractor need for adequate coverage and safety?

Distance - Participants will be required to walk a total of 3 miles; i.e., out and back or loop. Will the proposed course meet the distance requirements?

Unfortunately, not all locations submitted for consideration could be approved. Additional locations may be added to this list after they are inspected and approved. Only pack tests completed at one of these approved locations will be accepted. The seven (7) day notification must include a location from the list along with an exact start time to facilitate Government monitoring of the tests. Tests cannot be conducted without prior approval. (See specification language below.)

All tests conducted shall have a test administrator and sufficient monitors to adequately observe all participants during testing. (Government will not administer or assist with testing).

Tests conducted along any roadway must have warning signs clearly visible to passing motorists. Test participants shall not block traffic or create an unsafe condition for passing motorists or other test participants. Two vehicles (one in front and one in back of the last participant) are required for any tests conducted along any roadway, excluding any vehicle used by a medical First Responder.

Tests conducted on tracks must have a separate monitor to record participant's laps.

Each Contractor must complete a site specific hazard plan for each site selected for testing. A generic plan for all sites will not be accepted. The plan must clearly identify any and all safety hazards associated with the site, the closest medical facility, and procedures to be followed for any medical emergency.

D.2.3 FITNESS AND WORK CAPACITY

D.2.3.1 **CONTRACTOR** shall ensure that all Crew personnel assigned to Crews for the current fire season have passed the Work Capacity Fitness Test (WCFT) at the arduous level of fitness based upon the "pack test", as specified in "Fitness and Work Capacity," second edition National Fire Equipment System (NFES) 1596 April 1997. The pack test requires completing a three (3) mile hike with a 45-pound pack in 45 minutes. Copies of "Fitness and Work Capacity" and associated videos may be purchased from the National Interagency Fire Center in Boise, Idaho. **CONTRACTOR** shall ensure that the WCFT administrator completes, and has in hand, a written site specific job hazard analysis (see Exhibit EE). A person (other than the WCFT administrator) with current certification as a First Responder or higher qualification who is aware of the symptoms of distress and qualified for first aid and CPR shall be on site during testing. Upon arrival of **GOVERNMENT** representative, the Test Administrator shall identify the First Responder. The First Responder shall provide a current certification card issued by the appropriate certifying authority to **GOVERNMENT** representative. **Participants shall have clearly visible weatherproof numbers (a minimum of six (6) inches)**

attached or applied to, or indicated on the pack test vests. These numbers shall correspond with the name on the roster provided to GOVERNMENT. The WCFT administrator shall provide the manifest of participating personnel to GOVERNMENT Representative before start time of test. Participating personnel must provide **GOVERNMENT**-issued photo ID at time of test. Roster shall identify the names, identification number, and pack test vest number of each person taking the test. **CONTRACTOR** shall provide, in each Crew Member's training file, proof (roster and certificate signed and dated by administrator) that the Crew Member has met this requirement. **CONTRACTOR** is responsible for any liability associated with approved locations and for pack test administration including any and all costs. **CONTRACTOR** shall provide a pack for each person taking the WCFT test. **GOVERNMENT** will not administer any tests, provide equipment or act as the required medical First Responder. No tests will be approved for less than 10 persons unless authorized by **GOVERNMENT** representative.

D.2.3.2 Pack test dates must be on or after January 1 of the current calendar year to be accepted. All pack tests shall be scheduled at specific dates, times, and locations that have been pre-approved by **GOVERNMENT**. **CONTRACTOR** shall contact **GOVERNMENT** to schedule test. Pack tests given by **CONTRACTOR** may be monitored by ODF or authorized **GOVERNMENT** representative at the locations and times approved by **GOVERNMENT**. **CONTRACTOR** shall ensure ODF receives prior notification of pack tests by notifying the ODF Protection Contract Services Unit (PCSU) in writing (by letter or fax to 503-945-7494) at least seven (7) working days prior to the administration of each pack test to allow scheduling and monitoring by **GOVERNMENT**. **GOVERNMENT** will contact the test administrator with scheduling details and contact information for **GOVERNMENT** representative. **GOVERNMENT** reserves the right to adjust scheduled times and dates to facilitate monitoring.

CONTRACTOR shall provide notification of pack tests outside of State of Oregon and the State of Washington ten (10) working days prior to the administration of each pack test. **CONTRACTOR** shall provide an explanation why the test will be performed outside of Oregon and Washington.

The WCFT notifications shall include the desired date and starting time, location, estimated number of people taking the pack test, and name and phone number of the administering official (the person who will actually be administering the pack test). (See Exhibit D). Clarification: **The administering official may contact the PCSU but it is the CONTRACTOR's responsibility to ensure compliance to this specification.** Tests conducted without prior notification and **GOVERNMENT** authorization will be considered non-compliant.

D.2.3.3 When pack tests must be scheduled to meet emergency training needs, the ODF Protection Contract Services Unit may waive the seven (7) working day notification. **CONTRACTOR** shall identify reason for emergency and make such requests for waiver by fax to (503) 945-7494.

D.2.3.4 Within seven (7) working days following administration of each pack test, **CONTRACTOR** shall report to the ODF Protection Contract Services Unit a roster including the names and **CONTRACTOR** affiliation of each person who took the test, and whether this person passed or failed the test. This roster shall be signed and dated by the test administrator.

D.2.3.5 **GOVERNMENT** reserves the right to monitor the administration of pack tests for compliance with the NFS "Work Capacity Fitness Test Instructor's Guide." If the test was not

conducted as required, or has not started within fifteen (15) minutes after the scheduled time, **GOVERNMENT** reserves the right to consider the testing non-compliant. In that event, each **CONTRACTOR** with an employee present for testing will receive a Letter of Concern. A second failure to comply with testing standards, or tests performed without the required notice, will result in administrative action, up to and including termination of the Agreement by **ODF**.

D.2.3.6 **PACK TEST CANCELLATION**. In the event a pack test must be cancelled, **CONTRACTOR** shall notify **ODF** in writing (letter or fax) two working days prior to the date and time of the scheduled test. If the situation prevents giving adequate written notification for the scheduled test day, the **CONTRACTOR** shall telephone the ODF Protection Contract Services Unit. Failure to provide notification may result in administrative action.